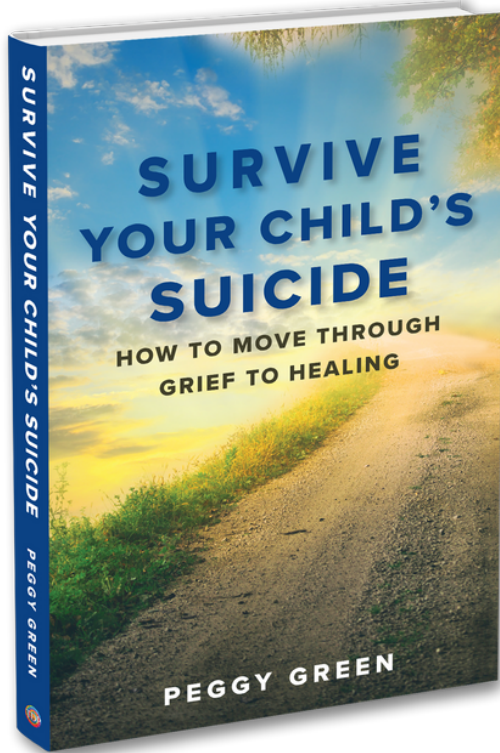


# PSYCHOLOGY / Grief & Loss

## Child Suicide: A Mother's Worst Nightmare However, you can experience peace, joy, and happiness again



**Just ask Peggy Green ...** Peggy has survived losing not just one child, but two, including her son by suicide. She knew she must use every tool possible to survive this tragedy. Starting with acceptance – a challenging but necessary first step – she courageously walked her grief journey.

**Introducing: Three Phases to Move through Grief to Healing.** Now as The Grief Specialist, Peggy teaches these tools in her proven coaching program to help you move through grief to healing. This wholistic step-by-step process is founded on restoring your physical, mental, emotional, and spiritual health.

**You can live a fulfilling and productive life!** If you are asking why this happened, what you could have done differently, or how you will live without your child, you are not alone. Rest assured, others have traveled this road before you – and survived. Moving through your loss requires a conscious decision to heal. You have a choice. Do it for yourself.

**Start here. Start now.**

***"A must-read for anyone suffering the suicide loss of a child."***

— Frank King, The Mental Health Comedian and TEDx Coach

### Book Information

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Peggy Green is a grief coach, author and speaker who has personally experienced child loss twice. Her first child died in 1991, and then in 2018 her son died by suicide. She has since turned her pain into purpose. As a grief coach, she specializes in helping mothers who lost a child to suicide.



[thegriefspecialist.com](http://thegriefspecialist.com)

# About Peggy Green

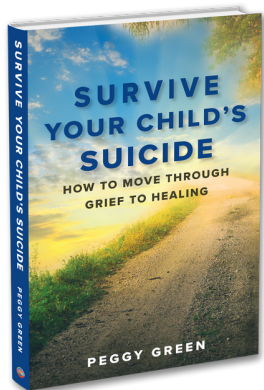


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Peggy's first book, *Life After Child Loss: The Mother's Survival Guide to Cope and Find Joy*, is an Amazon bestseller. Her second book, *Survive Your Child's Suicide: How to Move through Grief to Healing* is a #1 New Release on Amazon in Modern Psychology and Mental Health.

As a speaker and podcast guest, her message of hope and healing has been heard in nearly 100 countries. Her weekly Thursday Thoughts blog and email newsletter is inspirational and encouraging to thousands mourning the death of a loved one. She has been published in the Heart of Hospice blog and quoted with Noble Manhattan Coaching.

*Peggy Green's authoritative, yet caressing voice is just what one needs after dealing with such a traumatic loss. With tangible how-tos and loads of stories laced with wisdom, you will put the book down knowing exactly how you can relieve the burden of loss while still honoring, loving, and cherishing your loved one who has passed on. Beyond grateful for this book. -- Amazon Reviewer*



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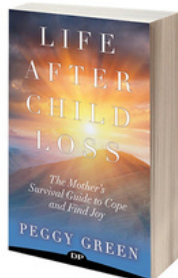
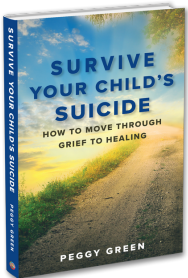
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amazon

## Speaking Topics

- 3 Phases to Move through Grief to Healing
- Courage, Perseverance and Resilience When Life Gets Tough
- Turning Pain into Purpose: Raising Suicide Awareness

## Learning outcomes

- Learn tools to use in all phases of your journey to help manage your grief.
- Learn how physical, mental, emotional and spiritual health work together for overall grief recovery.
- Learn how to apply the principles of perseverance in all areas of your life.



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